



Larwood School

Spring Term 1

Online Safety Update

This issue includes

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Talk to your child! One of the key messages around online safety that has come from all the research into how to keep children and young people safe online is: Talk regularly with your child about what they like to do online and find out what apps, games and sites they use or would like to use. For advice around how to start these conversations you may like to read CEOPs article [here](#).

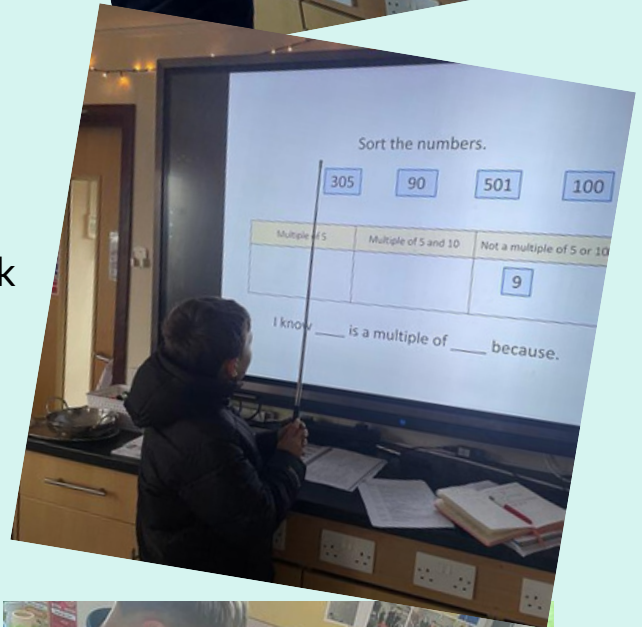
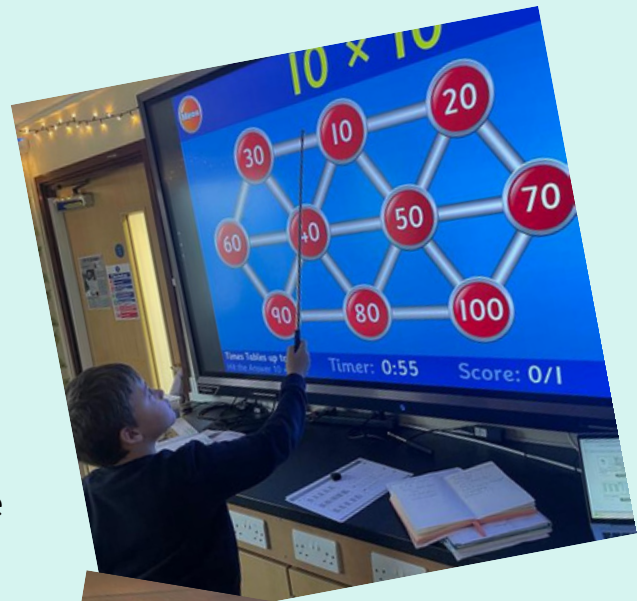
The Power of Inclusion

This week students learned about World Religion Day, an initiative aiming to promote understanding and peace between all religions as well as mutual understanding and tolerance between peoples from different backgrounds.

Students at Larwood have been taught some of the key customs observed by different groups as part of their Knowledge of the World curriculum. We want everyone at Larwood to know they have a place in the world, and that everyone is welcome here in ours.

In a world where there is such division, it is always important to remind ourselves about the values that are shared by communities. This week the school has been electing Student Representatives for the Student Council. We are looking forward to hearing student voice and believe a wish list is being developed regarding playground equipment!

World Religion Day is this Sunday, the 18th January 2026.



PUPIL ACHIEVEMENTS

HEADTEACHER AWARDS

Mrs Boon George S - For trying hard in his work and encouraging others to make positive behaviour choices.

Mrs Lewis Freddie - For having an amazing week!

Miss Heritage Archie Lee for trying hard in class as always! Theo BS for settling in well into class and being a timetables wizard!

Mrs MacGuinness Reggie and Logan for settling well in the class.

Mr Sheldon Ollie for always being helpful to others in class and setting a brilliant example of being a hoodie.

Mr Gotobed Lacie for always being polite and helpful and looking out for her peers.

Miss Saunders Charlie - for settling into our class so well. Superstar!

Mrs Boyo Spencer -For his enthusiasm during lessons.

Space Hub Evander for fantastic communication in show and tell.

ATTENDANCE AWARDS

Mr Gotobed's class remain term in pole position in the attendance league. Here they are celebrating last term's win at McDonalds!

Mr Sheldon's class show most improved progress - well done!



RSE Consultation

Relationships and Sex Education is a statutory requirement for all schools, and we recognise the vital role that parents and carers play in supporting their children's understanding of healthy relationships, personal development, and wellbeing. Our aim is to ensure that our policy reflects the values and needs of our school community whilst meeting all statutory requirements.

As per the letter sent home on Thursday 8th January, we will be holding a workshop to provide further information about our RSE curriculum and to give you the opportunity to discuss the policy in more detail. These sessions will be led by Mrs Osobu, our Acting Headteacher, who will be happy to answer your questions.

The workshop for Stevenage will take place on Friday 30th January 2026 at 10am.

Please confirm your attendance at these workshops on Class Dojo.

Free Mental Health First Aid Course

Please see the green flyer here or on Class Dojo offering places on a free Youth Mental Health First Aid training course in Stevenage on Friday 23rd January.

Youth Mental Health First Aid Training

1 day Champion course designed specifically for school professionals working with 8 to 18 year olds.

FREE



MHFA England

You will learn:

- An understanding of common mental health issues and how they can affect young people
- The ability to spot the signs of mental ill health in young people, and guide them to a place of support
- Knowledge and confidence to advocate for mental health awareness
- Skills to support positive wellbeing

Friday 21 Nov 2025 9.30am to 4pm	Hobbs Hill Wood Primary School, Hemel Hempstead, HP3 8ER	School Professionals	Parking available on site
Friday 5 Dec 2025 9.30am to 4pm	Hertfordshire County Council, Royston Road, Stevenage, SG2 9GG	School Professionals	Parking available on site
Friday 23 Jan 2026 9.30am to 4pm	Peartree Spring Primary School, Stevenage, SG2 9GG	Parents/Carers	Parking available on roads near venue
Friday 6 Feb 2026 9.30am to 4pm	Springmead Primary School, Welwyn Garden City, SG13 2NB	School Professionals	Parking available on roads near venue
Friday 27 Feb 2026 9.30am to 4pm	The Hub, Fleetville Junior School, St Albans, AL1 4LW	School Professionals	Parking available on site
Friday 6 Mar 2026 9.30am to 4pm	Hobbs Hill Wood Primary School, Hemel Hempstead, HP3 8ER	School Professionals	Parking available on site

2 day First Aider course suitable for everyone who teaches, works, lives with or cares for 8 to 18 year olds.

You will learn:

- An in depth understanding of young people's mental health and factors that affect wellbeing
- Practical skills to spot the triggers and signs of mental health issues
- Confidence to reassure and support a young person in distress
- Enhanced interpersonal skills, such as non judgemental listening
- Knowledge to help a young person recover their health by guiding them to further support
- How to engage with parents, carers and external agencies
- How to support a young person with a long term mental health illness to thrive
- Tools to look after your own wellbeing

Thursday 6 & Friday 7 Nov 2025 9.30am to 4pm	Peartree Spring Primary School, Stevenage, SG2 9GG	School Professionals	Parking available on roads near venue
Thursday 15 & Friday 16 Jan 2026 9.30am to 4pm	Hobbs Hill Wood Primary School, Hemel Hempstead, HP3 8ER	School Professionals	Parking available on site

To book your place please email schoolsmh@hertfordshire.gov.uk

Places are limited to two representatives per education setting

DATES FOR THE DIARY

January 2026		
week commencing 19th	To be confirmed by Class Team	Parents & Carer Progress Meetings
Friday 30th	10:00	Parents & Carers' RSE Workshop - replacing coffee morning
February 2026		
Friday 13th	All day (2.20pm finish)	Trip Fundraiser Red, white or pink clothing - £1 Bake sale - up to £3 for cakes Half Term
Monday 16 th - Friday 20th	Inclusive	Half Term [school closed]
Wednesday 25 th	All day	School Photographs (individual)
Friday 28th	10:30	Parents & Carers' Coffee Morning